

# JOHNNY G SPIRIT BIKE



The Johnny G Spirit Bike is the perfect innovation - with the past molded and forged into the future.

The electronically-controlled, magnetic resistance system allows users to duplicate, replicate, and differentiate their training sessions. Performance metrics are accessible at all times on the high-visibility LED display. The cockpit-style console has been strategically crafted to transport you into an elevated state of performance through the integration of mind and body.

## JOHNNY G SPIRIT BIKE FEATURES

- Electronically controlled magnetic resistance system with multiple adjustment touch points.
- Dual belt drive system provides the feel and responsiveness of a road bike.
- Proprietary handlebar design for comfort and resistance buttons at your fingertips regardless of ride position.
- Solid steel construction and triple powder coated for durability.
- Smart, Bluetooth-enabled electronics.

# Specifications



## CONSOLE FEATURES

- DISPLAY** 23 characters with 6 data metrics at a glance, multi-color heart rate and power zone indicator LEDs
- PROGRAMS** FTP test, lap counter, power zone, heart rate zone, and event mode (distance-based program)
- WORKOUT SUMMARY** time, distance, watt avg, watt peak, speed avg, speed peak, heart rate avg, heart rate peak, RPM avg, RPM peak, lap, % time in heart rate zone, % time in power zone
- FUNCTION KEYS** forward control pad with resistance and play button to start workout from warm-up, additional resistance buttons at handlebar ends
- POWER REQUIREMENTS** generator drive system with power save function to store workout data for 10 minutes after pedaling has stopped
- TELEMETRIC HEART RATE RECEIVER** Garmin® heart rate receiver with Bluetooth® FTMS and ANT+

## PRODUCT FEATURES

- RESISTANCE CONTROL** electronically controlled magnetic resistance with multi-touch point adjustments
- RESISTANCE LEVELS** 20
- DRIVE SYSTEM** dual belt drive system with cog and Poly-V belts
- SAFETY STOP** braking lever to stop flywheel
- SEAT & HANDLEBAR** up/down - locking pop-pin, fore/aft - lever lock
- ADJUSTMENTS**
  - FLYWHEEL** 21 kg / 46 lbs
  - CRANK ARMS** 70 mm / 6.7 in
  - PEDALS** dual sided with SPD
- FRAME CONSTRUCTION** solid steel with 3 layers of protection (plated, powder-coated and clear coat)
- LEVELER FEET** rubber to protect flooring
- DIMENSIONS** 1250 x 500 x 1100 mm / 49 x 20 x 43 in
- PRODUCT WEIGHT** 68 kg / 151 lbs
- MAX. USER WEIGHT** 159 kg / 350 lbs
- CERTIFICATE** CE(EN957), UL, CSA, and FCC

### WARRANTY INFORMATION

Commercial (All Facilities) - 10 years frame, 2 years electronics, parts and labor, and 1 year wear items

